



CDHA CORNER

Happy 2022 Alberta dental hygienists!

Welcome to a new year! I hope you all had a restful, albeit once more a very different, holiday season with your families and loved ones. As I reflect more and more on the importance



of physical and mental health, I encourage you to review the valuable information on physical health and ergonomics and the NEW Your Injury Prevention Checklist at cdha.ca/healthyworkplace.

I am also very excited to share CDHA's discussion paper on National Standards for Long-Term Care: Addressing Oral Health for Overall Health. The Executive Summary has useful talking points that you can share with your clients and their caregivers. Please read these documents at cdha.ca/oralhealthforseniors and become advocates for your senior clients. Let's all be part of the discussion and the change that we hope to see.

CDHA's virtual conference last October was a success! I hope you were able to take advantage of the many hours of CE. I really enjoyed being able to watch the sessions at my leisure over the past two months. Don't forget about CDHA's FREE webinars. There are so many to choose from: Vaping, Cannabis, Acid Erosion, and the very popular "Setting the Stage (and Grade): Clinical Applications and Case Studies Utilizing the 2017 AAP/EFP World Workshop on Disease Classification." Our practice standards in Alberta are the highest and it is expected that we all diagnose our clients appropriately.

Do reach out to me at any time with your questions, concerns or comments.

Be kind, be calm, and be safe everyone!

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WHAT'S NEW AT CDHA?

PROFESSIONAL DEVELOPMENT

NEW webinars recently released:

Up in Smoke! Virtual Vaping Workshop, sponsored by Philips

Webinars coming soon:

2021 Job Market & Employment Survey, January 26

Evidence-Based Strategies for Comfort & Career Longevity, February 16

www.cdha.ca/webinars

OTHER NEWS

New Membership Benefits

Our CDHA Perks program has expanded to include Endless Savings & More (ESM)! Save on everyday purchases from even more participating merchants such as Staples, The Brick, and Anytime Fitness. More options...more savings! www.cdha.ca/esm

Oral Health Care for Seniors

CDHA recently released a discussion paper, *National Standards for Long-Term Care: Addressing Oral Health for Overall Health*, as well as a policy white paper, *A National Oral Health Care Plan for Canadian Seniors*. Visit cdha.ca/oralhealthforseniors to review these documents and get more information about our upcoming advocacy campaign on these priority issues.

New Injury Prevention Checklist

To help you stay healthy at work, CDHA has developed both a downloadable and an interactive injury prevention checklist. You'll find them in the Physical Health & Ergonomics section of the Healthy & Respectful Workplace area of CDHA's website. www.cdha.ca/healthyworkplace

2020-2021 Annual Report & Virtual AGM Recording

If you weren't able to attend CDHA's virtual annual general meeting (AGM), you can view the 2020-2021 annual report video presentation, which summarizes CDHA's progress over the past year in meeting the organizational ends established by the board of directors. Financial statements and a one-page "at a glance" report are also available at cdha.ca/annualreport. A recording of the business portion of the virtual AGM can be found at cdha.ca/agm.

Save the Date

Don't forget: NDHW™ 2022 will be here before you know it. Mark April 4-10 in your calendars and start planning your celebrations now! www.cdha.ca/NDHW

2022 Superheroes Coming Soon

Our fifth annual #dentalhygienesuperhero competition, sponsored by Sensodyne, will launch **February 1**. We are offering a \$1,000 grand prize and two \$500 honorary mentions, along with travel grants to an upcoming CDHA conference. Stay tuned to cdha.ca/healthcaresuperhero to help us unmask our next dental hygiene superhero.

New Entry-to-Practice Competencies

The Federation of Dental Hygiene Regulators of Canada recently published the revised *Entry-to-Practice Canadian Competencies for Dental Hygienists*. These new competencies will serve in the development of dental hygiene education, accreditation, certification, and continuing competence programs across Canada and will help in the regulation of the profession. Visit fdhrc.ca/wp/wp-content/uploads/2021/12/EPCCoDH_FDHR November_2021.pdf

