Continuing Competence Program

As you are aware, the Health Professions Act (HPA) makes continuing competence for regulated health professionals mandatory. A continuing competence program requires that regulated professionals must be able to demonstrate their competence to practice their profession throughout their careers. Within five years of coming under the HPA, a college must develop a continuing competence program if it hasn’t developed one already. Colleges are responsible for monitoring the competence of their members and for linking members’ registration renewals to continuing competence requirements. To renew your practice permit, for example, you are expected to meet the continuing competence requirements set out in your college’s continuing competence program.

Since 1996, registered dental hygienists in Alberta as members of the Alberta Dental Hygienists Association complied with the requirements of a continuing education program. Since November 1, 2006 when the HPA came into force for the dental hygienists profession, the College of Registered Dental Hygienists of Alberta (CRDHA) Continuing Competence Program has been in effect.

In addition to the Continuing Competence Program the CRDHA has developed a Self Assessment Package to help members determine a learning plan with specific learning objectives.

Watch your mailbox for the most current revision of the CRDHA Continuing Competence Program Rules and the CRDHA Self Assessment Package.

Regulated members must also adhere to CRDHA Practice Standards and the CRDHA Code of Ethics. These can be downloaded from the CRDHA website www.crdha.ca
CRDHA Council members

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Jean Fraser
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Message from the president

“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”

JOHN QUINCY ADAMS

I am privileged once again to bring you best wishes for the New Year on behalf of the College of Registered Dental Hygienists of Alberta (CRDHA) Council.

CRDHA is a world leader in the dental hygienists profession as shown by the progressive legislation that allows dental hygienists to practice in a variety of practice settings without barriers. When I attended the International Federation of Dental Hygiene Symposium, in July 2007 in Toronto on behalf of the CRDHA, I heard many positive comments from delegates noting the accomplishments in Alberta and recognition of the leadership associated with accomplishing the change in legislation.

The pioneers of dental hygiene in Alberta can be congratulated on their foresight and commitment to serving the citizens of Alberta while advancing the dental hygienists profession. Because of the actions of individual dental hygienists and Councils through the years, dental hygienists, provincially, nationally, and internationally, have been encouraged to dream more; learn more; do more; and become more.

Annually, through the election process, the CRDHA Council accepts nominations to Council. The role of Council is to govern the CRDHA. Governance refers to the actions of the volunteer council with respect to establishing and monitoring the long-term direction of the organization. CRDHA Council employs a governance model that enables the Council to focus on the larger issues, to delegate with clarity, to control management’s job without meddling, to rigorously evaluate the accomplishment of the organization; to truly lead the organization.

I invite you to consider volunteering on CRDHA Council. This is an opportunity to enhance and share your leadership abilities and to have an impact on the health and safety of Albertans. You could be the person who encourages others to dream more, learn more, do more and become more.

Contact any Councillor or myself today to learn more about this stimulating opportunity.

Jacki Blatz, RDH

Appointment of CRDHA Public Members

The Health Professions Act states that twenty-five per cent of the members of college councils, hearing tribunals, complaint review committees and appeal bodies must be drawn from the public.

We are pleased to announce that Jean Fraser and Debbie Hubbard having each served one term as a public member on CRDHA Council have been reappointed by the Lieutenant Governor in Council for a second three-year term ending September 15, 2010. A new public member, Arlaine Monaghan, has also been appointed. This appointment will expire on November 27, 2010.

The College of Registered Dental Hygienists of Alberta (CRDHA) exists so that Albertans will receive safe, high quality dental hygiene care and the profession of dental hygiene is advanced.
This might be the day you save a life because of something you have recently learned. The following scenario might resonate with you. We have all been there!

Chantelle, a registered dental hygienist, had worked a full day. She was cranky and tired. She debated with herself about attending the continuing competence session that night but she did want to learn more about the topic: “The implications of high blood pressure monitoring to dental hygiene practice.” She had already paid for the course and needed the CCP credits.

Chantelle did attend the course. She learned how valuable it is to incorporate blood pressure monitoring into daily clinical practice and how straightforward it can be. Within two weeks she had convinced her employer of the benefits to adding this to the client care protocol. Together they established an action plan and now it is routine for each client in that practice to have blood pressure evaluated and recorded before the dental hygiene or dental visit. Chantelle has since referred clients to their medical doctors for consultation and in one case directed the client to the hospital emergency room because the client’s blood pressure was so high that his life was in danger. An added bonus for Chantelle’s practice – clients know that she is interested in their overall health and they feel well cared for. What a simple incentive for referrals to the practice!

This learning experience encouraged Chantelle and other office personnel to consider other aspects of their practice that could be enhanced to benefit their clients.

Something to think about:

Consider the Dental Hygiene Process of Care, found in the CRDHA Practice Standards. From the list below, what one action could you incorporate into your process of care that could save someone’s life?

- Head and neck examination including oral cancer screening;
- Include a more comprehensive health history including drug profile;
- Blood pressure assessment;
- Participate in Ask, Advise and Refer Tobacco Prevention and Control Program;
- Educate clients about systemic oral health relationships.

What learning opportunities would you need to facilitate the process?
The CRDHA has developed a Self Assessment Package to enable CRDHA members to assess their learning needs and to develop a learning plan appropriate to the member’s individual learning needs.

In early 2007, over 600 CRDHA members attended CRDHA sponsored workshops which focused on the CRDHA Continuing Competence Program and Self Assessment.

In April 2008 CRDHA will host Self Assessment workshops in Calgary and Edmonton. Following is a description of the sessions.

An Introduction to Completing Your Self Assessment: A Workshop

This session will be of interest to recently registered CRDHA members and those members who have not previously attended one of the CRDHA Continuing Competence Program (CCP) workshops. This workshop will allow participants to explore the CCP requirements that came into effect on November 1, 2006. Participants will also have an opportunity to use one of the learning tools designed to support the CCP – the CRDHA Self Assessment Package.

Participants at previous Self Assessment workshops said:

“The workshop helped me step back and think of what I am doing in practice. Now I can integrate the learning I am doing into my CCP credits.”

“Excellent workshop. Things were well explained in a relaxed, comfortable atmosphere.”

A word to the wise:

Be realistic when selecting learning activities. Objectives should be realistic, attainable and measurable.

Practical Aspects of Self Assessment: A Workshop

This session will be of interest to CRDHA members who are familiar with the CRDHA Continuing Competence Program and the CRDHA Self Assessment Package. If you would like to learn more about relating your learning to your professional practice this workshop is for you. Discussion will focus on answering questions about the CRDHA Self Assessment Package and enhancing your use of the Self Assessment tool to develop a learning plan and learning objectives.

Attendance at the workshops will be limited and pre-registration is required.

For registration information refer to the CRDHA Continuing Competence Opportunities, February – April 2008 flyer that was distributed in December, 2007 or visit the CRDHA website. These events are popular – Register early. There is no charge for these sessions and each session is eligible for 3 (Three) Continuing Competence Program Credits.

How to avoid some delays in processing your request for Continuing Competence Program (CCP) Credit.

1. Refer to the CRDHA CCP Rules to be sure the learning opportunity you are requesting credit for complies with the CCP Rules.

2. Use the 2008 Continuing Competence Program Request for Program Credit form that is included in the centre of this newsletter or download the form from the CRDHA website.

3. Write legibly on your request for credit form and include all required information.

4. Provide supporting documentation to your request as required. Include proof of hours attended, an outline of the course content, learning objectives, and a description with at least two concrete examples of how you will apply the learning to your practice setting.

6. Submit your request within 120 (one hundred and twenty) days of completion of the learning opportunity.

7. Keep your personal record of submissions to compare with your transcript to ensure accuracy of your record.

A request for program credit which is unclear or incomplete could require further communication with CRDHA staff or be sent to the CRDHA Competence Committee for consideration. This could cause a delay in processing your request.
Message from the registrar

Treatment of CRDHA Staff

Each year a number of members submit incomplete applications for renewal of their practice permits. In some instances, incorrect fees or incorrect levels of CPR certification are enclosed. Other applications are mailed too late to be delivered to the CRDHA office by the deadline of October 31. In each of these cases CRDHA staff contacts the member by either phone or mail to inform them of their non-compliance with the renewal requirements. During this past renewal period, I was very surprised and disappointed by the way some members of the profession treated the CRDHA staff members.

Members are reminded that:

- CRDHA staff does not set the requirements for membership and practice permit renewal; those requirements are set out in the Act, Regulation and Bylaws. Members are provided with renewal notices and information well in advance of the deadline for renewal and are personally responsible to read the renewal notices and meet all of the requirements.

- CRDHA staff and Councillors do not have the authority to make exceptions to the renewal requirements. Renewal requirements are set out in law. Renewing your practice permit is like renewing your driver’s license. If you don’t meet all of the requirements at the time of expiry of the license, you can’t continue to drive.

I would like to thank those members who submitted their renewal application forms in advance of the deadline and included all documentation required. I would also like to thank those members who have worked cooperatively with staff to rectify any problems with their renewal applications.

I would like to remind other members that abusive behaviour toward staff in any setting, including the CRDHA office is not acceptable. We understand that you may be feeling frustrated, angry and upset when you hear that you haven’t met the requirements for renewal, but as members of a health profession you should also know that it is not appropriate to display your anger and aggression toward those delivering the message. Please think about how you would like to be treated in your workplace before you call the CRDHA office and mistreat CRDHA staff.

TILMA

On April 1, 2007, the Alberta-British Columbia Trade, Investment and Labour Mobility Agreement (TILMA) came into effect. The TILMA addresses barriers to interprovincial trade in all sectors of the economy. It is seen as a landmark agreement that will ease the movement of goods, services and investments between the two provinces.

One of the goals under the TILMA is to improve labour mobility between Alberta and British Columbia for all occupations. Measures relating to professional and occupational governing bodies are not subject to TILMA during a two-year transitional period from April 1, 2007 to March 31, 2009.
At the time of signing of the TILMA, government officials indicated that implementation of the labour mobility sections of the agreement will require extensive consultations with the regulatory bodies to identify and remove any unnecessary barriers to the recognition of credentials in either province.

Consultation with the College of Registered Dental Hygienists of Alberta (CRDHA), the College of Dental Hygienists of British Columbia (CDHBC), and Alberta and British Columbia Ministry officials began on October 22, 2007. The purpose of the first meeting was to identify the differences in our Acts, Regulations, Bylaws and policies that would create obstacles to the movement of dental hygienists from one jurisdiction to the other, under the TILMA. A number of differences were identified.

CRDHA and CDHBC will continue to work together with government officials in an attempt to reconcile existing disparities that would restrict or impair labour mobility between the two jurisdictions under the TILMA. The Alberta and British Columbia governments are proposing that the labour mobility section of the TILMA be implemented by April 1, 2009.

**Bill 41**

Bill 41, the *Health Professions Statutes Amendment Act, 2007* passed third reading in the provincial Legislature on December 5, 2007. The changes will come into force some time in 2008.

The amendments strengthen mandatory reporting requirements for health professionals regarding public health issues, facilitate bringing smaller colleges under the *Health Professions Act*, and address the public’s expectation for government accountability in the delivery of safe, high quality health care services.

According to Minister Hancock, “the *Health Professions Statutes Amendment Act, 2007*, in conjunction with the *Health Facilities Accountability Act, 2007*, is part of government’s commitment to fully resolve the gaps in accountability that were identified in the Health Quality Council of Alberta’s review of infection prevention and control this spring.”

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**Moving?**

**Change of Name and Address Notification**

It is essential that members of the College of Registered Dental Hygienists of Alberta (CRDHA) ensure that their mailing address is always current. Incorrect or out of date addresses can lead to missed mailings which may include important notices and documents. Name changes must be submitted in writing. **DO NOT SUBMIT YOUR ADDRESS OR NAME CHANGES ON YOUR REQUEST FOR CONTINUING COMPETENCE PROGRAM CREDIT FORM.** Address changes are best submitted in writing and should include the following information:

- **Name (in full)**
- **Old Address**
- **New Address**
- **New Name (in full)**
- **Home Phone**
- **Email**
- **CRDHA ID Number**
- **Effective Date**
- **Signature**

Registrants are welcome to copy or cut out this name/address change card and use it to submit a new name change or address change. Please contact the College of Registered Dental Hygienists of Alberta if you require further information.

Telephone: Toll Free (Alberta) 1-877-465-1756  Fax: (780) 440-0544 or email: info@crdha.ca
Council Composition

The CRDHA Council consists of eleven voting members, eight who are Regulated Members elected by the membership and three who are appointed to Council by the Minister. In accordance with the CRDHA Bylaws, the Councillors elect a President and Vice-President from amongst themselves.

Positions Available

There will be three Council positions open for election in 2008. Elections will occur prior to the May 2008 Annual General Meeting. Newly elected Councillors will assume their positions on July 1, 2008.

Eligibility

All Regulated Members in good standing on the General Register are eligible for election to a Council position.

Council Terms of Office

Terms of office for Regulated Member Councillors are 3 years beginning July 1 and ending on June 30, three years later. Regulated Member Councillors are eligible for election for a maximum of two consecutive terms.

Role & Responsibilities

Council serves as the governing body of the College and fulfills specific roles and responsibilities set out in the Health Professions Act. Council uses the Carver Governance Model®. Orientation sessions will introduce new Councillors to the governance model and to Council’s roles and responsibilities under the Act.

As members of the governing body of the College, Councillors are collectively responsible for:

- Decision-Making and Leadership: affirming the CRDHA Mission, ensuring a dynamic planning process that translates the CRDHA Mission into specific Ends (goals and objectives) with the emphasis on the future and proactive measures
- Accountability: developing and monitoring Council policies, fulfilling the Council’s role as set out in the HPA, reporting to members and government
- Representation: representing members of the profession, carrying the public trust

Meetings

Council members are required to attend Council meetings and the Annual General Meeting (AGM). Council meetings are held 4 to 5 times per year. Two of these meetings will be 2 day in-person meetings for orientation and planning. The AGM is held in conjunction with the CRDHA Annual Continuing Competence Event in April/May each year.

Qualifications & Prerequisites

- Commitment to the profession
- Integrity and good judgment
- General understanding and acceptance of the CRDHA’s mission and goals
- Ability to subjugate self-interest for the good of the CRDHA
- Effective interpersonal and communication skills
- Willingness to share opinions and ask questions
- Ability to listen to all perspectives without bias
- Ability to accept the honour as well as the criticism of leadership
- Willingness to commit time and energy
- Good organizational skills
- Willingness to leave office or retire graciously when required

Benefits

- Make a difference for your profession
- Participate in new learning opportunities
- Interact with colleagues

Nomination Process

Nominations must be endorsed by at least 3 voting members and must include the written consent of the person nominated. Nominations must be received by closing time, March 4, 2008.

Completed nomination forms must be submitted to the CRDHA Nominations Committee by mail to 206, 8657-51 Avenue NW, Edmonton, AB T6E 6A8 or by fax to (780) 440-0544.

Questions

Contact the CRDHA office at our toll free number 1-877-465-1756.
As current CRDHA Councillors will attest, creating a positive future for the dental hygienist profession is rewarding work. Now is an opportune time to consider the difference that your participation on CRDHA Council could make. If you or someone you know would like to contribute energy, experience and wisdom through an elected position on CRDHA Council, please submit a nomination now.

CRDHA Councillor Nomination Form

The nominee must be a Regulated Member on the General Register and in good standing. Nominations must be endorsed by at least three (3) Voting Members, together with the written consent of the person nominated.

This Nomination Form, the nominee’s resume, and the summary paragraph must be received at the CRDHA office by closing time, March 4, 2008.

Mail to: CRDHA 206, 8667 51 Avenue NW, Edmonton, AB T6E 6A8 or fax: (780) 440-0544

We, being Regulated Members in good standing, nominate ________________________________ for the position of CRDHA Councillor for the term beginning July 1, 2008 and ending June 30, 2011.

Endorsed by ________________________________ College ID # ________________ Signature ________________

Endorsed by ________________________________ College ID # ________________ Signature ________________

Endorsed by ________________________________ College ID # ________________ Signature ________________

I, __________________________________________ accept this nomination.

College ID # ________________________________ Signature ________________________________

Each nominee must submit:

• a resume including a brief history of his/her professional activities or related volunteer experience
• a brief summary paragraph of what he/she hopes to contribute to Council and the CRDHA (ideally not to exceed one hundred words; suitable for publication in election material).

Additional nomination forms may be downloaded at www.crdha.ca. Photocopies of this form are also acceptable.
They came in an assortment of sizes, ages, and personalities. Some fit in comfortably; some had adjustments to make; and some almost slid right out. Some needed spots for eyeglasses and hearing aids. Some brought slippers, blankets and neck pillows and some came with things I’d rather they hadn’t, such as ball caps, cell phones and thick glossy lip stick. Some bounced in with enthusiastic smiles; others shuffled in apprehensively. Some brought excuses; some brought fear. Some couldn’t wait to begin; others were ready to leave before we even said hello.

Everyone shared something while sitting in that chair. It might not have been a life history, or a recap of the day’s troubles. Sometimes we talked about politics; the changes in the weather; the latest couple eliminated on Dancing with the Stars; the bad news from the doctor; the sad but necessary move; the ending of a marriage; the arrival of a new puppy or a recipe for carrot pie. Some just smiled, while others stared. They stayed for an hour or so and were gone. Most returned several months later and we picked up right where we had left off.

I retired from my active practice of dental hygiene in July 2004. My shoulders, neck and right hand needed a rest after 30 years of scaling and curetting thousands of teeth. I wasn’t sad to leave the physical work, but I was sad to leave my patients. Most would probably not recognize me if they met me casually today. Outfitted in my mask, safety glasses and surgical gloves I was a rather unusual confidante - but as I pressed that well worn button converting my upright chair into a somewhat comfortable lounge, inhibitions often vanished, and communication flowed as reliably as the water from my syringe. With steady hands and precise technique, trust was usually established and my recipients, like the seasons, came back unfailingly.

They were an unusual blend, from crying four year olds clutching teddies, to quiet and humble 90 year old nuns on day passes from the retreat house. Protective mothers brought newborn babies, (at nap time they assured me), while juggling car seat and diaper bag and a whole brigade of the infant’s siblings. Sullen, hair-spiked teens, connected to Ipods and cell phones slouched glumly in the chair, while business men wearing crisp white shirts and Armani suit jackets checked their Blackberries regularly wishing to know how long this ordeal would take. Big bulky linebackers from our city’s football team reluctantly squeezed themselves in, asking worriedly if this procedure was going to hurt. Snow birds delighted in reliving their hole-in-one stories, hunters shared photos of large game kills, musicians transported me to the stages in Europe and grandmothers brought home baked cookies for me to share.

What has become of my circle of friends? I feel I’ve left them behind, or is it me who has been left behind?

Is Marvin, that tiny Englishman, still flossing Elizabeth’s teeth? Elizabeth, Marvin’s wife of sixty years whose teeth I also cleaned, had very healthy gums but she also had dementia and could not be left alone. She regularly joined us at Marvin’s appointments, gently holding his hand while I scraped and polished. Marvin was indebted to her for her years of care for him. It was his turn to give back, he told me firmly. He was the only patient I knew who faithfully flossed his partner’s teeth daily.

I read Stella’s wedding announcement in the paper last week. A rebel as a child, she was proud to show me her new tattoos each visit. Her body was inked with rainbows of unusual designs. I didn’t ask for an explanation for her tongue piercing but I was happy when she told me she had her own apartment and had been promoted to manager at the local café. She was getting along better with her mom and dad now that she was living away from home. Marriage? I feel like I’ve missed a page or two.
The new off leash dog area Brad told me about is Anna, my yellow lab’s, favourite romp. While Anna and I are walking I often look for a man with a long shaggy beard and two black Labradors. I knew Brad’s dogs almost better than I knew him and he most likely looked after them better than he cared for himself. With advanced periodontal disease and a negative attitude, Brad was a constant challenge. When I left my practice, his hygiene was excellent and he maintained that his general health had improved greatly since he’d been taking care of his teeth. He said he needed a place to talk about his dogs and if I’d listen, he’d brush and floss in between. I miss the man and his hounds.

Curtis’s father died recently. Curtis would be about 12 now. He never talked about his dad being sick, but I knew that the cancer treatments weren’t working. It’s hard to forget Curtis’s deep blue eyes which seemed to confirm his strong sense of responsibility to his mom and sister, Kathryn. He won’t be a child any longer.

And yesterday, as I walked through the fragrance section at the Bay, I’m sure I smelled Pete. Pete, a true gentleman, owned the pizza shop next door to our clinic. He always came to his appointments impeccably dressed and smelled like fresh line-dried laundry splashed with a hint of exotic cologne. After his visit, he’d send over free pizza for our staff for lunch. They don’t get much nicer than Pete.

There are many more individuals whose hands I shook and smiles I whitened. I’ve forgotten names and faces have dimmed as well. But I’m hoping, vainly I admit, that once in a while when that chair reclines and the bright light shines down on those wide open mouths, my former patients’ thoughts return for a brief moment to me, too. More importantly though, I’m hoping they are all still brushing and flossing regularly, as of course I know, they’ve been well taught.

*Names have been changed to keep identities private.*

In her retirement Jan McCrum is continuing her passion for learning by participating in a creative writing program. She loves to walk her dog, cycle and explore the world around her. Jan also volunteers with the Edmonton Nature Club.
I am setting up a stand alone dental hygiene practice and want to make sure that I comply with all relevant legislation. I am getting mixed information from various municipalities that I contact regarding needing a business license to practice. My question is: “Do I need a business license to practice dental hygiene in either a stand alone or mobile practice setting?”

In Alberta, the Municipal Government Act and the Business Revitalization Zone Regulation give municipalities the authority to license, control and tax businesses. As a result, the business license requirements for each may vary. Most municipalities require that most businesses, other than farms, have a license which will need to be renewed annually. However, some municipalities exempt certain businesses from licensing.

In Calgary, for example, certain professions are exempt and do not require a business license. Many municipalities, and certainly the larger urban ones, also levy a business tax.

Municipalities include cities, towns, villages, counties, municipal districts, summer villages, improvement districts and special areas in Alberta.

Since each municipality is independent on the issue of municipal licenses for businesses, you need to consult with the appropriate local officials to determine if your business will be affected by local taxation, licenses or zoning requirements. In some cases, you may be required to obtain a license in a municipality in which you are not located, but in which you carry on business.

Operating a business from home requires meeting the zoning by-laws controlling property uses in your municipality. In many jurisdictions zoning approval is required and then a business license is obtained.

For further information regarding municipal regulations and licenses, contact the office of the city, town, village or rural municipality where you plan to do business. For the cities of Edmonton and Calgary the contacts are listed below:

Development & Building Approvals/Business License Division
City of Calgary
License Division #8043
Municipal Building
800 Macleod Trail SE
PO Box 2100 Station M
Calgary, Alberta T2P 2M5

Telephone:
License Information: (403) 268-5521
Land Use and Safety Code Issues: (403) 268-5311
Fax: (403) 268-2291
E-mail: fnlcmail@calgary.ca

Development Compliance Branch/ Business License
City of Edmonton
5th Floor
10250 - 101 Street NW
Edmonton, Alberta T5J 3P4
Telephone: (780) 496-3100
24 hour fax on demand: (780) 496-6044
Fax: (780) 496-6054
E-mail: PDCallCentre@edmonton.ca
### Awards

Celebrating our successes and honouring our own members is an important element of our professional college. There are members in our midst who deserve recognition. If you believe one of your colleagues meets the criteria for a CRDHA award please let us know.

The 2008 deadline for submission of nominations for all CRDHA Member awards is February 29, 2008.

<table>
<thead>
<tr>
<th>CRDHA Scholarship Recipient</th>
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<tbody>
<tr>
<td>The CRDHA Scholarship is awarded annually to a student with superior academic achievement who is completing the fourth year of studies in the BSc Dental Hygiene Specialization degree program at the University of Alberta. The recipient is selected on the basis of leadership qualities as demonstrated through community involvement and extracurricular activities and on academic standing. The Award recipient for 2006/07 is <strong>Azra Lalani</strong>. Congratulations, Azra.</td>
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<th>Service Recognition Certificates</th>
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| **Professional Service** |
| For members who made contributions which furthered the careers of dental hygienists and the dental hygiene profession. |

| **Scholastic/Research Service** |
| For members who made important scholastic and/or research contributions and achievements which furthered the dental hygiene profession. Please send, by letter or email, a brief summary and two references supporting your recommendation for a Service Recognition Certificate. All nominations require written support from two CRDHA members in good standing. |

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<tr>
<th>Marilyn Pawluk Mabey Award</th>
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<tbody>
<tr>
<td>The Marilyn Pawluk Mabey Award was established in 1978 to honour and perpetuate the memory of Marilyn Pawluk Mabey, a member who enhanced the profession of dental hygiene in Alberta by modelling clinical competence, instructional excellence and professional development.</td>
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</tbody>
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Award nomination forms for the Joanne Clovis Award and the Marilyn Pawluk Mabey Award are available on the CRDHA website or from the CRDHA office.

**Send nomination form to:**

#206, 8657 - 51 Avenue
Edmonton, AB
T6E 6A8
Fax: (780) 440-0544

### CRDHA Scholarship Recipient

The CRDHA Scholarship is awarded annually to a student with superior academic achievement who is completing the fourth year of studies in the BSc Dental Hygiene Specialization degree program at the University of Alberta.

The recipient is selected on the basis of leadership qualities as demonstrated through community involvement and extracurricular activities and on academic standing.

The Award recipient for 2006/07 is **Azra Lalani**. Congratulations, Azra.

### Service Recognition Certificates

#### Community Service

For members who made important contributions beyond their work requirements to the oral health needs and the welfare of others.

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The Joanne Clovis Community Health Award was established in 1987 by the CRDHA to recognize the significant contributions of a dental hygienist to the oral health of the community.

### Marilyn Pawluk Mabey Award

The Marilyn Pawluk Mabey Award was established in 1978 to honour and perpetuate the memory of Marilyn Pawluk Mabey, a member who enhanced the profession of dental hygiene in Alberta by modelling clinical competence, instructional excellence and professional development.

Award nomination forms for the Joanne Clovis Award and the Marilyn Pawluk Mabey Award are available on the CRDHA website or from the CRDHA office.

**Send nomination form to:**

#206, 8657 - 51 Avenue
Edmonton, AB
T6E 6A8
Fax: (780) 440-0544
Announcements

Appointment to the Calgary Health Advisory Council

CRDHA is pleased to announce that Shannon Lefroy, RDH, was appointed to the Health Advisory Council of the Calgary Health Region in September, 2007. Subsequently, Shannon has been elected Vice Chair of the Health Advisory Council and will chair the Council next year.

The Health Advisory Council (HAC) functions as a vehicle for communication between the Calgary Health Region (Region) Board, Management Team, and allied health professions in Region 4. Shannon represents the Oral Health Functional group which includes Dental Assistants Dental Hygienists, Dental Mechanics/Denturists and Dental Technicians.

The Council devotes the majority of its time to preparing and providing communication, advice and recommendations to the Region’s Board, Board Committees, and Management on such matters as:

- Quality of care;
- Changes to legislation;
- Issues of human resource management, and

The Council has other functions that include:

- Communicating with health care and service provider groups;
- Promoting collaboration and effective relations among health care and service providers;
- Identifying opportunities to improve health service;
- Participating on Calgary Health Region’s committees, and
- Promoting and encouraging decision-making using an evidence-based approach.

Congratulations, Shannon.

AGM Official Notice

This is official notice, in accordance with Bylaw 12.4.1, of the Annual General Meeting of the CRDHA.

Meeting Agenda

President’s Address & Welcome
Call to Order
Proof of Meeting Notice
Announcements
Approval of Agenda
Approval of minutes for May 5, 2007
Annual Report
Report of Nominations Committee
New Business

Saturday, May 3, 2008
Glenmore Inn and Convention Centre
2720 Glenmore Trail SE
Calgary, AB
7:30 – 8:00 am
Registration and Breakfast
8:00 am
Annual General Meeting

CRDHA Brunch Honoring U of A Dental Hygiene Diploma Program Graduates 2008

CRDHA Members are invited to attend the CRDHA Brunch at the Royal Glenora Club

11160 River Valley Road, Edmonton AB
Sunday, April 6, 2008

Please contact CRDHA office for more information

RSVP by March 30, 2008
1-877-465-1756
On November 14, 2007, Bill 45, the Smoke-free Places (Tobacco Reduction) Amendment Act, 2007 passed third and final reading. This Act includes 100% smoke-free workplaces and public places. Upon implementation we expect to see a spike in the number of people that will want to quit using tobacco. These Albertans will likely be looking to their registered dental hygienist for support.

The Alberta Cancer Board is working with its partners to develop a comprehensive Cessation System, including a Provincial Cessation Centre. Tobacco users will access the Cessation Centre via Web, Phone or Referral, and will be triaged to an ideal treatment option. Treatment options include some of the following; Nicotine Replacement Therapy (NRT) and Smoking Cessation Pharmacotherapy; phone counselling; and web-based and in-person external cessation programs.

As part of this Cessation System, the Alberta Cancer Board is also launching the Ask, Advise, Refer (AAR) program. This program is a brief intervention program that minimizes the time and knowledge needed by a health professional to treat tobacco dependence. You simply ask clients if they use tobacco, advise them to quit, and refer them to the Cessation Centre. The Cessation Centre will also provide appropriate feedback to you about your client’s progress.

Starting at the beginning of January, there will be promotion for tobacco users to see their health professionals for support to quit; therefore, your clients may come to you for a referral. Alberta Cancer Board can provide you with all of the materials needed to take part in the Ask, Advise, Refer program including: a PowerPoint presentation on how to use AAR, online referral forms, fax-back referral forms, and brochures for you and your clients.

For more information and to register and receive materials, please contact Tanya Mudry at (403) 698-8197 or tanmudry@cancerboard.ab.ca.

For more information about Bill 45 go to www.health.gov.ab.ca/SmokeFree/tobacco_reduction.html

Tobacco Cessation Counseling at the University of Alberta

People who quit tobacco reduce their risk of developing heart disease, respiratory problems, gum disease and cancer of the mouth, throat, esophagus, lung, bladder, kidney and pancreas. These are compelling reasons to ASK your clients about tobacco use, to ADVISE them of the consequences of tobacco use and to REFER them to a tobacco cessation program.

Why refer a person for tobacco cessation counseling?

If the client participates in a tobacco cessation program and uses nicotine withdrawal therapy, their success rate is typically 15 to 30%. Also the success of the quit has been shown to be dose dependent, that is, those who embrace more tobacco cessation treatment tend to have higher quit rates. In contrast, quitting “cold turkey” has a success rate of 3 to 5%.

The Tobacco Cessation Program at the University of Alberta was developed through a grant from AADAC and is sustained by the Department of Dentistry and the Program of Dental Hygiene. This program offers free individual counseling for people who have chosen to quit tobacco and accepts referrals from dental offices and health care workers in Edmonton.
<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event Description</th>
<th>Register by Date</th>
<th>Contact Information</th>
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<tr>
<td>January 17 - 20, 2008</td>
<td>EDMONTON</td>
<td>Local Anesthetic Module</td>
<td>October 17, 2007</td>
<td>U of A Dept of Dentistry Con. Ed. Trish (780) 492-5391</td>
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<td>January 26, 2008</td>
<td>EDMONTON</td>
<td>CPR</td>
<td>December 14, 2007</td>
<td>U of A Dept of Dentistry Con. Ed. Trish (780) 492-5391</td>
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<td>February 1 - 3, 2008</td>
<td>EDMONTON</td>
<td>Ortho Clinical</td>
<td>January 25, 2008</td>
<td>U of A Dept of Dentistry Con. Ed. Trish (780) 492-5391</td>
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<td>February 7 &amp; 12, 2008</td>
<td>EDMONTON</td>
<td>A Nurse’s View of Collaboration with Dental Hygiene</td>
<td>November 17, 2007</td>
<td>CRDHA office 1-877-465-1756</td>
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<td>February 8 - 10, 2008</td>
<td>EDMONTON</td>
<td>Ortho Clinical</td>
<td>January 25, 2008</td>
<td>U of A Dept of Dentistry Con. Ed. Trish (780) 492-5391</td>
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<td>March 4 &amp; 6, 2008</td>
<td>EDMONTON</td>
<td>Dental Hygiene and Implant Dentistry</td>
<td>January 25, 2008</td>
<td>U of A Dept of Dentistry Con. Ed. Trish (780) 492-5391</td>
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<td>April 1 &amp; 3, 2008</td>
<td>CALGARY</td>
<td>Ortho Theory Exam</td>
<td>February 14, 2008</td>
<td>Canada Business Link Representatives 1-877-465-1756</td>
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<td>May 14, 2008</td>
<td>EDMONTON</td>
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<td>Canada Business Link Representatives 1-877-465-1756</td>
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</tbody>
</table>
May 22 - 25, 2008

JASPER
Jasper Dental Congress
Contact: ADA&C office
(780) 432-1012

May 30 - June 1, 2008

EDMONTON
Ortho Clinical
Register by: May 16, 2008
Contact: U of A Dept of
Dentistry Con. Ed.
Trish (780) 492-5391

June 5 - 8, 2008

EDMONTON
Local Anesthetic Module
Register by: March 5, 2008
Contact: U of A Dept of
Dentistry Con. Ed.
Trish (780) 492-5391

Workshop: Tobacco Cessation Interventions for Oral Healthcare Professionals

The workshops are being conducted as a component of a research grant from the Alberta Tobacco Reduction Strategy, Alberta Alcohol and Drug Abuse Commission. Workshops will be facilitated by Sharon Compton and team including Barbara Gitzel, Laureen Best and Jan Ritchie.

Where: Grande Prairie – January 26, 2008 (9:00 am - 12 noon)
Register by January 10
Fort McMurray – February 2, 2008 (9:00 am - 12 noon)
Register by January 15
Edmonton – February 9, 2008 (9:00 am - 12 noon)
Register by January 15
Medicine Hat – March 8, 2008 (9:00 am - 12 noon)
Register by January 20

Course Description: In this interactive workshop you will examine and improve your interventions for tobacco cessation in oral healthcare practice. Tips for engaging clients in dialogue about their addiction, information on tobacco cessation resources and nicotine replacement therapy will be provided.

Registration limit: 25 participants

Fee: $100.00 payable on site. If you participate in four short evaluation surveys, you will receive a complete refund upon completion of the last survey which will be provided 3 months post-workshop.

Registration: Phone or e-mail Dr. Sharon Compton at (780) 492-6331 or compton@dentistry.ualberta.ca. Leave your name and contact information. Further details about location of the session will be forwarded to you after pre-registration.

Tobacco Cessation in the Dental Office:
Survey of Alberta Dentists and Dental Hygienists

Conducted by:
Dr. Steven Patterson, Department of Dentistry, University of Alberta

Recently surveys were sent by mail to Alberta dental hygienists and dentists. Please return your survey as soon as possible! Thank you to those who have already returned their surveys. If you didn’t receive a survey or misplaced yours, please request a copy by emailing Dr. Steve Patterson (steven.patterson@ualberta.ca) and an anonymous questionnaire with stamped, self-addressed, return envelope will be sent to you.
Websites To Visit

www.PADIS.ca

Poison and Drug Information Service

Medication and Herbal Advice is a telephone advice service dedicated to improve medication safety. It is designed to inform and advise you on any questions about medications and herbal preparations. If you have questions or concerns about the herbal remedies contact the Medication and Herbal Advice Line. The service is available toll free, 24 hours a day at 1-888-944-1012.

www.healthcanada.gc.ca/iyh

It’s Your Health is a joint publication produce by Health Canada and the Public Health Agency of Canada that provides information you can trust on a wide range of health and safety issues.

www.healthonnet.org

To find good (English-language) healthcare information, you can bypass the all-purpose commercial search engines and go straight to healthcare portals like Health on the Net (www.hon.ch) or Healthfinder (http://www.healthfinder.org/). These portals have already eliminated the irrelevant for you. A useful rule of thumb is first check out the governmental, not-for-profit and hospital Web sites, or those carrying an immediately recognizable and trusted name. There is enough good material out there to keep you busy for days, if you want!

www.quackwatch.com

Quackwatch is a nonprofit corporation that combats health-related frauds, myths, fads, and fallacies. Its primary focus is on quackery-related information that is difficult or impossible to get elsewhere. Quackwatch abides by the HON-code principles of the Health On the Net Foundation.
CRDHA Continuing Competence Program Rule 2 General Information states: “Regulated members have a basic professional responsibility to read professional oral health journals and newsletters and keep their practice current. Under the CRDHA Continuing Competence Program, credit may be granted for continuing competence learning activities beyond this basic responsibility.”

Following are some articles and resources available on websites. The references are included here to pique your interest for further study.

Some links include reference to newsletters, The Preventive Angle, by Margaret Fehrenbach, RDH, MS. The editor of the newsletters indicates reading the newsletter can be used for continuing education credit. While the articles contain practical information which you can incorporate into your clinical practice they do not qualify for the number of credits indicated.

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**Oral Pathology**

**Oral Cancer Examination Poster from National Institute of Dental and Craniofacial Research**  
https://www.nidcr.nih.gov/OrderPublications/

**Newsletter article:** Common Orofacial Lesions in the Geriatric Population: Section One – Traumatic and Infective Lesions  
www.youngdental.com/pdf,tpav3i2.pdf

**Newsletter article:** Common Orofacial Lesions in the Geriatric Population: Section Two – Orofacial Cancer  
www.youngdental.com/pdf,tpav3i3.pdf

**Blood Pressure**

**Newsletter article:** Blood Pressure Issues For The Dental Office  
www.youngdental.com/pdf,TPA_06Q1_Web.pdf

**Dental Hygienists Against Heart Disease**  
C. Austin Risbek  
www.preventionsspecialist.com

**Diabetes**

**Newsletter article:** Dental Care For The Diabetic Patient  
www.youngdental.com/pdf,TPA_3Q05web.pdf

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**Healthy Eating**

www.hc-sc.gc.ca/fn-an/food-guide-aliment/myguide-monguide/index_e.html  
My Food Guide is an interactive tool that will help you personalize the information found in Canada’s Food Guide.

**Tobacco Prevention and Control Program**

**Receive Ask, Advise and Refer Program information from the Alberta Cancer Board.**

For more information and to register and receive materials, please contact Tanya Mudry at (403) 698-8197 or tanmudry@cancerboard.ab.ca.

**American Dental Hygienists Association AskAdviseRefer**

Visit www.askadviserrefer.org/pres_downloads.asp to access and view two new webcasts. The first is “Smoking Cessation Practice Guidelines for Registered Dental Hygienists” presented by Carol Southard. The second is “Tobacco Cessation Protocols for the Dental Practice” presented by Austin Risbeck. Both of these webcasts were produced through the grant funding received from the University of California – San Francisco, Smoking Cessation Leadership Center.

**Special Care Dentistry**

**Resource handbook series (Order Free of Charge!)**

**Dental Care Every Day: A Caregiver’s Guide**  
https://www.nidcr.nih.gov/OrderPublications/

**Oral Health Promotion Fact Sheets for Long-term Care**  
http://umanitoba.ca/dentistry/ccoh/ccoh_longTermCare.html

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**Reference Books**

**Patient Assessment Tutorials: A Step by Step Guide for the Dental Hygienist**  
by Jill S. Nield-Gehrig  
Available for purchase online through Amazon or Chapters Books.

**Dental Management of the Medically Compromised Patient**

7th (Seventh) Edition  
by James W. Little, Donald Falace, Craig Miller, and Nelson L. Rhodus
Faculty Of Medicine And Dentistry University Of Alberta Interviewers For The 2008 Dental Hygiene Class

The Department of Dentistry is beginning arrangements for conducting approximately 80-100 interviews for year two dental hygiene diploma candidates 2008 year. If you are interested in volunteering as an interviewer, please contact the Department of Dentistry Admission Office at (780) 492-1319.

Without the valuable support of volunteer interviewers we would not be able to have an interview process for prospective students. You possibly have the most insight into the suitability of candidates, so we urge you to volunteer a few hours to help assess potential students. The results of an interview can have significant influence on a candidate’s placement in a class of 40 students. Your assistance is most appreciated by the Admissions Committee.

In preparation for selecting the 2008 year two class, the Department of Dentistry will be holding an Interview Training Workshop on Saturday, February 2, 2008 from 9:00 am to 1:00 pm for all interviewers.

The University of Alberta Dental Hygiene Program participates in the Canadian Dental Association interview. In the interest of reducing variance among the teams, we ask all volunteer interviewers to attend the Interview Training Workshop. (Participation in the workshop is eligible for hour-for-hour Continuing Competence Program Credit for CRDHA members).

The admission interview dates have been scheduled for Saturday, March 8, 2008 and Saturday, March 15, 2008 of which one, or both dates, may be selected. In addition, a limited number of interviews may be scheduled in May or June.
Polishing your business skills

Running an independent practice involves a set of skills and knowledge that you might have to acquire to optimize your success.

So where do entrepreneurs like yourself (yes, you are an entrepreneur!) find the information you need to polish your business skills? Look to The Business Link, Alberta’s primary Business Service Centre, for the resources and contacts you need as you start or grow your business.

Need to know where to find financing? How to write a business plan? How to market your services? Discuss your concerns with an experienced business officer in person, over the phone, or via e-mail. Check out The Business Link’s website for a wealth of information and business tips.

A great place to build your business knowledge and do market research is The Business Link’s library, housing the best small business collection in Alberta.

For “quick-to-learn, quick-to-use” business basics, take in a Business Link seminar or “brown bag” session, video conferenced to some 30 community sites across the province.

The Guest Advisor Program, available weekday afternoons in the Spring and Fall, provides opportunities to speak with volunteer professionals. You’ll soon find out the importance of assembling a team of advisors to help guide your business growth.

Contact The Business Link to find out about the many free services available to you as an Alberta entrepreneur...and prepare your practice for success.

Registered Dental Hygienist Required for Dr. Ronald Gish Dental Clinic

Dental hygienist required for one-year maternity leave commencing March of 2008. 1-3 days/week.

No evenings. Please fax, mail or drop by a resume.

Fax: (403) 782-7211
Mail: 5124-52 Street, Lacombe, AB  T4L 1H9
Have you considered the benefits of a personally owned disability insurance program?

A personal disability insurance policy will protect you from the financial hazards from an accident or illness with no risk to you of...

- the contract being cancelled by the insurer;
- any provision of the contract being altered;
- the premiums being increased.

We can explain the differences between the CDHA & CDSP (group employee plan) and an individual policy. We will design a program specific to your individual needs.

Nancy McKenzie, RHU
Suite 102, 718 - 12 Avenue SW
Calgary, AB T2R 0H7
Tel: 403.265.5681
Cell: 403.612.8772
1.877.217.1303
Email: nancy@yellowraincoat.ca

Currently seeking RDA, RDH and Receptionist for full-time, part-time and temporary placement with various dental offices in the city. Please submit your resume today.

Edmonton Contact
Phone: (780) 489-0828
Fax: (780) 489-0885
Email: temp911@shaw.ca

Calgary Contact
Phone: (403) 237-8857
Fax: (403) 237-8859
Email: temp911@shaw.ca

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Customized Dental Hygiene Office Setup & Expert Advice from Qualified Professionals

- Dental Office Setup & Consultation
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2619-35th Street SW
Calgary, Alberta T3E 2Y3
(403) 697-3493
jels@shaw.ca

If your dream is opening your own independent dental hygiene practice, we can help you make it happen! Allow us to show you how affordable it can be.
University of Alberta
Dental Hygiene Clinical Instructors

The Dental Hygiene Program, University of Alberta is accepting applications for part-time Dental Hygiene Clinical Instructors, responsible for clinical instruction.

Applicants must be a registered dental hygienist, holding a current College of Registered Dental Hygienists of Alberta Practice Permit. Preference will be given to applicants with a Bachelor’s degree. Applicants must have at least four years, and preferably more than five years of clinical practice experience. Local anaesthetic training is preferred but not required.

To apply, please send a resume by email or mail to:

Dr. Sharon Compton, Director
Dental Hygiene Program
2032 Dentistry/Pharmacy Centre
University of Alberta
Edmonton, AB T6G 2N8

Phone: (780) 492-4479
Fax: (780) 492-8552
E-mail: scompton@ualberta.ca

Part-time Registered Dental Hygienist

We are a busy, well-established family practice in Sherwood Park, Alberta, a beautiful community ten minutes east of Edmonton. We have an opening for an RDH for 2-3 days a week. We have flexible days and shifts available! Take this amazing opportunity to be a part of our great team. Contact us now for more information.

Phone: (780) 449-5467
Email: smilessherwoodpark@shaw.ca.

Registered Dental Hygienist Wanted

We are looking for a caring, compassionate Registered Dental Hygienist to join our fun dental family, in an established practice 15 minutes from Edmonton.

We would prefer full-time but would consider part-time, Monday-Friday, no weekends. Our office will be renovated Summer of 2008 with state-of-the-art equipment, featuring FOX 980 laser, Velscope and JVA (tmj analysis.)

We are a busy, low stress office with long term staff who are focused on giving patients the best possible care. Uniform allowance and some con-ed paid.

Please call (780) 939-2500 for info or fax resume to (780) 939-6234

Perio Dimensions

Offering lectures and clinical sessions for the 2007/2008 academic year:

Advanced Periodontal Hand Instrumentation-Furcations
February 2, 2008 2 hour clinical session-maximum 8 participants per session

Implementing a Periodontal Program
April 26, 2008 3 hour lecture

Instrument Sharpening
May 10, 2008 2 hour lecture/clinical session-maximum 10 participants per session

For more information or to register please call Bonnie Hoath at (403) 278-5446 (day), (403) 254-9421 (eve) or visit www.periodimensions.com

Registered Dental Hygienist required
For Mountain View Dental Centre

Excellent, Friendly, Family Practice
Please fax, mail or drop by a resume
Fax: (403) 845-7605
Mail: Box 1840, 5040A – 50 Street
Rocky Mountain House, AB T4T 2A1

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Dental Hygiene Clinical Instructors

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